Distance From Privilege Ladder Scale

Geography
Think of this ladder as representing where people stand in our society. At the top of the ladder are the people who grew up in the ideal place (i.e., city, town, rural area) that had the best resources to help them identify and attain their higher education and career goals. At the bottom of the ladder are the people who grew up in the worst place (i.e., city, town, rural area) that had the worst resources to help them identify and attain their higher education and career goals. The higher up you are on this ladder, the closer you are to the people at the very top and the lower you are, the closer you are to the bottom. Where would you put yourself on the ladder? Please place an X on the rung where you think you stand.
MOST IDEAL PLACE
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LEAST IDEAL PLACE

Race/Ethnicity
Think of this ladder as representing where people stand in our society. At the top of the ladder are the people whose race and ethnicity are the most understood, accepted and valued in our society. At the bottom of the ladder are the people whose race and ethnicity are the least understood, accepted and valued in our society. The higher up you are on this ladder, the closer you are to the people at the very top and the lower you are, the closer you are to the bottom. Where would you put yourself on the ladder? Please place an X on the rung where you think you stand.
MOST UNDERSTOOD, ACCEPTED, VALUED RACE/ETHNICITY
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LEAST UNDERSTOOD, ACCEPTED, VALUED RACE/ETHNICITY

Gender
Think of this ladder as representing where people stand in our society. At the top of the ladder are the people whose gender is the most accepted and valued in our society. At the bottom of the ladder are the people whose gender is the least accepted and valued in our society. The higher up you are on this ladder, the closer you are to the people at the very top and the lower you are, the closer you are to the bottom. Where would you put yourself on the ladder? Please place an X on the rung where you think you stand.
MOST ACCEPTED & VALUED GENDER
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LEAST ACCEPTED & VALUED GENDER

Ability and Disability Status
Think of this ladder as representing where people stand in our society. At the top of the ladder are the people whose ability status (no not have a disability) is the most understood, accepted and valued in our society. At the bottom of the ladder are the people whose disability status (have a disability) is the least understood, accepted and valued in our society. The higher up you are on this ladder, the closer you are to the people at the very top and the lower you are, the closer you are to the bottom. Where would you put yourself on the ladder? Please place an X on the rung where you think you stand.
MOST UNDERSTOOD, ACCEPTED, VALUED ABILITY STATUS
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LEAST UNDERSTOOD, ACCEPTED, VALUED DISABILITY STATUS
Distance From Privilege Ladder Scale

Citizenship Status
Think of this ladder as representing where people stand in our society. At the top of the ladder are the people whose citizenship status (e.g. US citizen, non-US citizen) is the most understood, accepted and valued in our society. At the bottom of the ladder are the people whose citizenship status is the least understood, accepted or valued in our society. The higher up you are on this ladder, the closer you are to the people at the very top and the lower you are, the closer you are to the bottom. Where would you put yourself on the ladder? Please place an X on the rung where you think you stand.
MOST UNDERSTOOD, ACCEPTED, VALUED CITIZENSHIP STATUS

Sexual Orientation
Think of this ladder as representing where people stand in our society. At the top of the ladder are the people whose sexual orientation is the most understood, accepted and valued in our society. At the bottom of the ladder are the people whose sexual orientation is the least understood, accepted and valued in our society. The higher up you are on this ladder, the closer you are to the people at the very top and the lower you are, the closer you are to the bottom. Where would you put yourself on the ladder? Please place an X on the rung where you think you stand.
MOST UNDERSTOOD, ACCEPTED, VALUED SEXUAL ORIENTATION

Intelligence
Think of this ladder as representing where people stand in our society. At the top of the ladder are the people whose intelligence level is the most ideal and valued in our society. At the bottom of the ladder are those people whose intelligence level is the least ideal and valued in our society. The higher up you are on this ladder, the closer you are to the people at the very top and the lower you are, the closer you are to the bottom. Where would you put yourself on the ladder? Please place an X on the rung where you think you stand.
MOST IDEAL AND VALUED INTELLIGENCE LEVEL

Religion
Think of this ladder as representing where people stand in our society. At the top of the ladder are the people whose religious beliefs are the most understood, accepted and valued in our society. At the bottom of the ladder are the people whose religious beliefs are the least understood, accepted and valued in our society. The higher up you are on this ladder, the closer you are to the people at the very top and the lower you are, the closer you are to the bottom. Where would you put yourself on the ladder? Please place an X on the rung where you think you stand.
MOST UNDERSTOOD, ACCEPTED, VALUED RELIGIOUS BELIEFS
Distance From Privilege Ladder Scale

Social Class
Think of this ladder as representing where people stand in our society. At the top of the ladder are the people whose social class (income level, occupation and education level) is the most ideal, accepted, and valued in our society. At the bottom of the ladder are the people whose social class is the least ideal, accepted and valued in our society. The higher up you are on this ladder, the closer you are to the people at the very top and the lower you are, the closer you are to the bottom. Where would you put yourself on the ladder? Please place an X on the rung where you think you stand.
MOST IDEAL, VALUED, ACCEPTED SOCIAL CLASS

Attractiveness
Think of this ladder as representing where people stand in our society. At the top of the ladder are the people whose physical attractiveness (beauty, body shape, etc.) is the most ideal, accepted, and valued in our society. At the bottom of the ladder are the people whose physical attractiveness is the least ideal, accepted and valued in our society. The higher up you are on this ladder, the closer you are to the people at the very top and the lower you are, the closer you are to the bottom. Where would you put yourself on the ladder? Please place an X on the rung where you think you stand.
MOST IDEAL, ACCEPTED, VALUED PHYSICAL ATTRACTIVENESS

Source: